

Studies have shown that PrEP works for sexually active gay and bisexual men, heterosexual women and men, injection drug users, and is also likely to benefit transgender women.



**PrEP
Pre-Exposure Prophylaxis
for HIV prevention**

Damien Cares

26 North Arsenal Avenue
Indianapolis, IN 46201

How Can We Help?

Interested in receiving medical care at
Damien Cares?

Please contact Damien Cares by:

Phone: [317.432.0130](tel:317.432.0130)

Email: PrEP@damiencares.org.



Approximately 50,000 Americans are infected with HIV every year. PrEP, or Pre-Exposure Prophylaxis, is a new therapy that, in combination with safe-sex practices, can reduce the risk of acquiring HIV.

How does PrEP work?

Patients on PrEP take a daily medication called Truvada®. The pill is a combination of two medications, tenofovir and emtricitabine, that can often stop the HIV virus from establishing itself and spreading in your body.

Am I a good candidate for PrEP?

Ask about PrEP for HIV prevention if:

- You are sexually active and your partner is HIV positive
- You and your HIV+ partner wish to conceive
- You have multiple sex partners
- You do not know the HIV status of your sex partner(s)
- You use intravenous (IV) drugs
- You engage in sex that involves exchange of commodities (housing, drugs, money, etc.)
- You infrequently use condoms

The PrEP process: What to expect

1. Initial evaluation and interview:

You should come to your visit prepared to discuss your last HIV test as well as any risk factors you may have. You will also have a blood draw to assess your kidney and liver function, HIV status, and screen for other sexually transmitted infections (STIs). We will also collect a urine pregnancy test, if applicable. All testing is done right in our office, and results are available in two to three business days.

2. Medication Initiation:

If your test results show that you are a good candidate for PrEP, your provider will write you a prescription for PrEP. It is essential that you remember to take your medication every day.

3. Follow-up:

You will need to schedule a visit with your provider every three months for follow-up testing and prescription renewal.

FAQ

Is PrEP Safe? What are the side effects?

PrEP is safe. Truvada, the medication used for PrEP, has been used to treat people with HIV since 2004.

PrEP may cause mild side effects, including upset stomach, headache and weight loss, especially at the beginning of treatment. Your provider can help if side effects are bothering you.

What does PrEP cost?

Most insurance programs, including Medicaid, cover PrEP. There is assistance available to help you pay co-pays and deductibles at the pharmacy. If you do not have health insurance, let us help you explore your options. You might qualify for the Healthy Indiana Plan or a marketplace plan at a reduced cost.